

Aerobics & Cycling Schedule
6/16/2026

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30	Step/Sculpt Melanie Y	Bounce/Trampoline Melanie Y					
8:00	Cycle - Jessica	Yoga - Laura	Cycle - Laura	Yoga - Krystle	Yoga/Stretch Laura	Cycle - Bob	Cycle - Jessica
9:00	Sculpt - Jessica	Drums - Linda Cycle - Jessica	Sculpt - Laura	Cycle - Angie Drums - Lori M	Cycle - Angie/Beth Sculpt - Linda	Sculpt - Valerie	Sculpt - Jessica
10:00	Zumba - Linda Water - Sandy	Dance - Mallory	Zumba - Linda Water - Sandy	Dance - Mallory	Zumba - Ali Water - Sandy	Turbo - Debby	
11:30	Senior Sculpt Lori	Silver Sneakers Lori	Senior Sculpt Linda	Silver Sneakers Lori	Chair Yoga Mary Ann		
4:30	Dance - Amy		Dance - Amy	Sculpt - Jessica		Monday – Thursday 5 a.m. – 10 p.m. Friday 5 a.m. – 8:30 p.m. Saturday & Sunday 7 a.m. – 7p.m. 1419 Boardman-Canfield Rd. Suite 390 Boardman, Ohio 44512 P: 330-758-0667 F: 330-726-5792 www.creekside-fitness.com	
5:30	Turbo - Debby Water - Debbie	Pilates - Lisa	Turbo - Debby Water - Debbie	20/20/20 - Valerie			
6:00	Cycle - Kenny		Cycle - Kenny				
7:00	Yoga - Kenny		Yoga - Kenny				

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